

Breathe-Free  
Plan

# Stop Smoking in Only Eight Days!

## Breathe-Free Plan to Stop Smoking



Don't you think it's time you kicked the habit? Give us eight days, and we will show you how to live a smoke-free life.

**FREE! Walk-ins welcome.**

7:00pm nightly, March 18-25th  
Family Medical Center in Delta Junction  
Call 895-1007 to register or for more information.